



SECRETS UNSEALED

MINISTRY UPDATE



REACHING THE MASSES
with **PRESENT TRUTH**

JAN - MAR 2011



Dear Friend of *Secrets Unsealed*,

Greetings in the wonderful Name of our Lord and Savior, Jesus Christ.

I am really excited about this issue of *Secrets Unsealed Update*. As you peruse it, you will find several items that I feel will be of value.

First, I would like to draw your attention to the article I wrote on Worship and Music. One of the greatest controversies in our church centers on this very subject. I trust that this article will be encouraging in a time of ‘worship erosion.’

I would also encourage you to read Dr. Milton Teske’s article on “Restoring our Cellular Energy Generators”. Dr. Teske’s is a great

friend and supporter of *Secrets Unsealed* and God has given him the ability to take complex things and make them simple.

There are other goodies in this issue as well. You will find testimonies of people whose lives have been changed by the power of God through *Secrets Unsealed*. You will also find special prices on several of our products as well as a study on the Parable of the Fig Tree.

As I draw my remarks to a close I want to thank those who have supported our ministry through prayers and financial contributions. Your help has been invaluable in the growth of *Secrets Unsealed*. Because of your prayers and support we are reaching the world with Present Truth.

May God richly bless each of you in your daily walk with Jesus; and always remember that those who make Jesus first and last and best are the happiest people in the world.

Homesick for Heaven,

Pastor Stephen Bohr,
SPEAKER/DIRECTOR, *Secrets Unsealed*

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MINISTRY UPDATE

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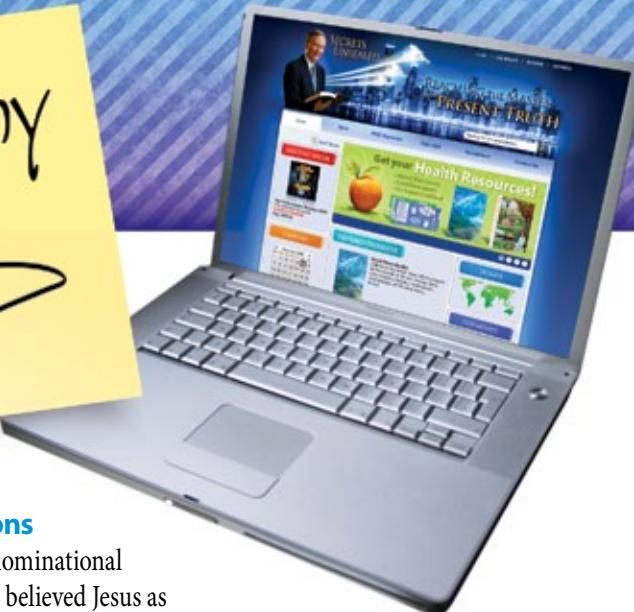
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Testimony Time



Sabbath Revelations

"I grew up in a non-denominational church (protestant) and believed Jesus as my Lord and Savior, but never was taught the Sabbath or the Daniel Prophecies.

I have already taken these teachings to my friends and some of them are equally convicted about these truths. We now recognize and keep the Sabbath holy and have a greater and deeper appreciation of the Scriptures. Thanks for your ministry."

JOHN FROM VA

God's Not the Enemy

"I have never gotten the opportunity to thank your organization for the guidance through the Holy Spirit for the pivotal role that your ministry has played in my life during this Great Controversy and the time of the end.

I have watched Pastor Bohr's ministry since 2006 and it was the series he presented on Cracking the Genesis Code that helped me understand that our God the Creator of Heaven and Earth, the God of our father's Abraham, Isaac and Israel, is not my enemy or the cause of the tribulations in my life.

I live in the Bahamas and your ministry comes on at approximately 8 pm on Tuesday nights and anyone who knows me, knows that if they call me at that time during the week I will not answer the phone when Pastor Bohr and Battles of Faith with Ivor Myers and his wife Atonti Myers are speaking.

I truly appreciate the calling on Pastor Bohr's life and it has helped my understanding of the Plan of Salvation for our lives and also those of us that are living in these last days. I cannot get enough of his ministry and wish that I could see more of his teaching through the Holy Spirit. It would be nice if he could come to the island of Grand Bahama, the Bahamas and visit with us at the Freeport Seventh Day Adventist Church to hold a revival. We need a great revival here in Freeport, Grand Bahama, the Bahamas.

But I know because your ministry has affected my life I know that the Lord will richly increase and bless your ministry as

you have lent me by blessing and teaching me that it is the righteousness of Christ that save me. May ABBA FATHER in the name of our Saviour and High Priest Jesus Christ through the Holy Spirit repay your ministry for what you have given me and your viewers, (Maybe even if this world does not come to a close right now one more generation to come.)

Secrets Unsealed and 3ABN have brought me back into good grace and a relationship with My Heavenly Father.

God bless your ministry, and thank you for ministry for little is much when God is in. I will continue to pray for your ministry and pray that you will also pray for me.

I give the Lord thanks for His mercy and grace and His call out of darkness and his employ to wear HIS ROBE.

Contine you in the grace of the Lord.”

ULANDER — BAHAMAS

Worshippers Around the Globe

“Dear Pastor Bohr, You have blessed us with such wonderful knowledge we have had our hearts transformed by listening

to you and others from 3ABN. I am from the Pentecostal church, but now I and my husband belong to the ‘cyber church’ with Pastor Doug Batchelor. We live in a very

remote area of New Zealand. We also have a house church which is growing. We regularly share all the teachings from 3ABN and we are worshipping together on the Sabbath. God bless you, and thank you. We love you, in Jesus our Saviour and Redeemer.”

TRISH — SOUTH OTAGO, NEW ZEALAND



The Beautiful Message of Truth

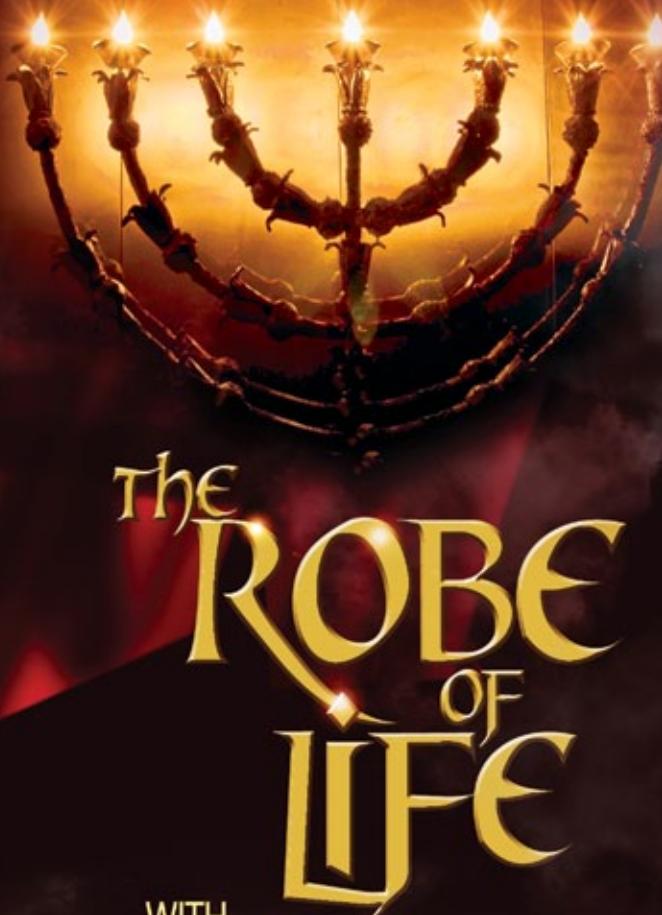
“Thank You Pastor Bohr,

It is very thoughtful of your ministry to send a beautiful Thanksgiving message. I am very thankful for Jesus, for His work in the heavenly sanctuary, for the beautiful message of truth given to the 7th Day Adventist church, and that I am part of the amazing movement. I am also extremely grateful for your ministry Pastor Bohr, for trumpeting the message of truth for these times. You have touched millions of people, and I am eternally grateful that you stay true to God’s government and share that truth with others with boldness and Holy fear.

God bless your family, your ministry, your life. Your Sister in Christ.”

ELENA — COLLEGEDALE





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PASTOR STEPHEN BOHR

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The recent series that Stephen Bohr did called "The Robe" will start re-airing again on 3ABN in January 2011 at the following times:

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PASTOR
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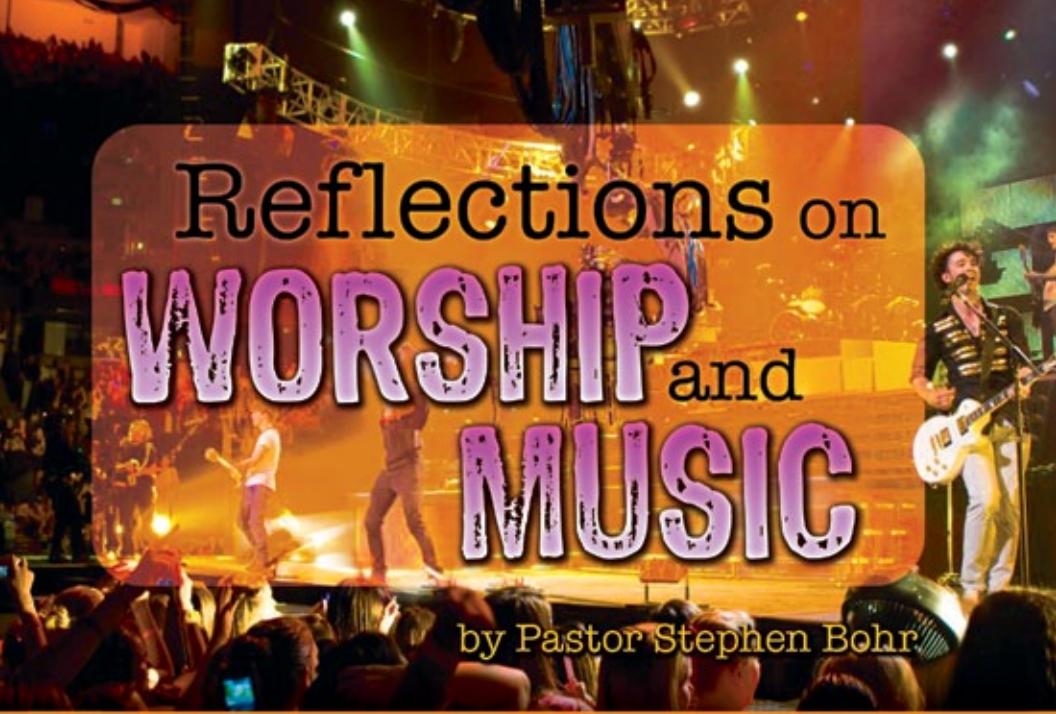
RICHARD O'FILL



C.A. MURRAY



MILTON
TESKE, MD



Reflections on WORSHIP and MUSIC

by Pastor Stephen Bohr

A couple of years ago I was invited to speak at a youth congress which was organized by two conferences outside the United States. The task that I was assigned was to present a series on the unique prophetic message and mission of the Seventh-day Adventist church. So I got down to business and dedicated not a few hours to preparing the series. The day for the congress finally came and I took the nine hour flight with high expectations that the congress would be a great blessing.

The meetings were held over a weekend in a sports arena. On Friday evening I arrived early. Slowly but surely the youth began filing into the meeting hall in small groups. Within a short period of time the arena was standing-room-only with over one thousand young people present. To all appearances this congress would prove to be a great blessing for all those who at-

tended.

But it didn't take long for my optimistic expectations to be dashed!

The program began when a praise team, all in blue jeans and t-shirts took the stage to lead in the song service. On the platform there was a keyboard, electric guitars and drums. With the sound blaring at deafening decibels the band began playing and the praise team began singing. The syncopated and rhythmic beat along with the repetitive lyrics were accompanied by colored lights that oscillated over the crowd and ceiling of the auditorium. On the platform was a machine that spewed out smoke that filled the stage with a fog. The youth danced, whistled, clapped, stomped and swayed. Most youth were not even singing—they talked, laughed and swayed.

The praise service lasted for over an hour. The youth had been whipped into



frenzied state and I could sense that they had no inclination to listen to a message which appealed to their unimpassioned reason! Finally, around nine 'o clock in the evening the youth director who was in charge instructed me that it was my turn to preach but that I had to make it brief because it was late! Dejected, I asked myself: 'How can a share God's message in an environment where the youth are in such a hypnotic state?' It was patently clear in my mind that the hearts of the youth were not prepared to receive the seed of prophetic truth so I decided to change my topic entirely and I preached for twenty minutes. It was extremely difficult to preach in an environment where there was little interest in Bible truth and no reverence for God. It took a full five minutes just to get the kids calmed down before I could begin to speak!

The entire weekend continued along the same vein. Though several youth leaders preached, I did not hear a single sermon that presented the distinctive message of the Seventh-day Adventist Church. The congress could well have been organized by the Pentecostals, the Baptists or any other protestant denomination. To say the least, it was a frustrating and disappointing experience!

What was most disturbing to me was that the pastors who were present not only turned a blind eye to what was happening but actually condoned and participated in this worship service that reminded me of

the golden calf episode at Mt. Sinai. It was obvious to me that the pastors could see nothing wrong with what was going on!

When I returned to my room that evening, my spirits were down. I asked myself: 'Is this the type of worship service that pleases God? Is this the way in which the angels worship? Was Ellen White wrong when she stated that the music of heaven is melodious and harmonious much like the songs of the birds? Is this the type of music that should accompany the proclamation of our precious present truth message? Does this worship style prepare our youth for a greater worship experience in heaven? I fell to my knees and prayed that the Lord would touch the hearts of the leaders and give them spiritual discernment.

Indiana Camp Meeting

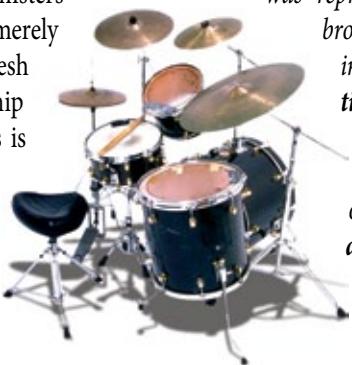
This style of worship reminded me of what happened at the Indiana camp meeting September 13-23, 1900. Apart from the holy flesh heresy, Ellen White had much to say about the apostate **style** of worship that was used at this camp meeting. Stephen Haskell's wife who was present at this camp meeting described what she saw:

"We have a big drum, two tambourines, a big bass fiddle, two small fiddles, a flute and two cornets, and an organ and a few voices. They have Garden of Spices as the song book and play dance tunes to sacred words." (Ella Robinson, S. N. Haskell Man of Action, p. 168.



Significant is the part of the statement that says that they played '**dance tunes to sacred words.**' Is this not what is happening in many of our churches where the music is rock and roll while the lyrics are Christian?

I have heard some ministers say that Ellen White merely condemned the holy flesh heresy and not the worship style and music. But this is simply not the case. She did condemn the holy flesh heresy. But she was also very concerned that the music appealed to the senses and emotions while it distracted from the solemn end time message which God had committed to His people. In other words, Ellen White's concern was on how this type of worship and music impacted Seventh-day Adventist theology. Her concern was that the music captivated the senses, appealed to the emotions and feelings but did not attract people to the truths contained in the three angels' messages.



ingenious methods for making of none effect the pure, sincere, elevating, ennobling, sanctifying truth for this time. Better never have the worship of God blended with music than to use musical instruments to do the work which last January was represented to me would be brought into our camp meetings. The truth for this time needs nothing of this kind in its work of converting souls. A bedlam of noise shocks the senses and perverts that which if conducted aright might be a blessing. The powers of satanic agencies blend with the din and noise, to have a carnival, and this is termed the Holy Spirit's working. When the camp meeting is ended, the good which ought to have been done and which might have been done by the presentation of sacred truth is not accomplished. Those participating in the supposed revival receive impressions which lead them adrift. They cannot tell what they formerly knew regarding Bible principles." Selected Messages, volume 2, pp. 36, 37

Forbidden Worship Style

Ellen White was explicit in her condemnation of the worship style and music that was presented at the Indiana camp meeting:

"The Holy Spirit never reveals itself in such methods, in such a bedlam of noise. This is an invention of Satan to cover up his

Notice the salient points in this inspired quotation:

- The Holy Spirit never reveals itself in such methods
- Satan has invented this method of worship to make of none effect the truth for this time



- Better never have worship blended with music than to use musical instruments improperly
- The truth for this time does not need this kind of music to convert souls
- This kind of music shocks the senses and perverts that which could have been a blessing if conducted properly
- Satanic agencies blend with the din and the noise
- Those who participate in this kind of worship go adrift and are not able to tell what they previously knew regarding Bible principles

As Seventh-day Adventists we believe that our mission is to carry the three angels' message to the world. Satan knows this and he does all in his power to annul the effect of that message by using music as a snare:

"The manner in which the meetings in Indiana have been carried on, with noise and confusion, does not commend them to thoughtful, intelligent minds. There is nothing in these demonstrations which will convince the world that we have the truth. Mere noise and shouting are no evidence of sanctification, or of the descent of the Holy Spirit. Your wild demonstrations create only disgust in the minds of unbelievers. . . They [Seventh-day Adventists] should be very careful not to misrepresent and dishonor the holy doctrines of truth by strange performances, by confusion and tumult." Selected Messages, volume 2, p. 35

Before Probation Closes

This worship style is not something merely of the past. Time and again in this chapter, Ellen White warns that what happened in the past will happen again in the future in our very own religious meetings. Ellen White wrote to elder Haskell who was an eyewitness to what went on at the Indiana camp meeting:

"The things you have described as taking place in Indiana, the Lord has shown me would take place just before the close of probation. Every uncouth thing will be demonstrated. There will be shouting, with drums, music, and dancing. The senses of rational beings will become so confused that they cannot be trusted to make right decisions. And this is called the moving of the Holy Spirit." Selected Messages, volume 2, p. 36

"But last January the Lord showed me that erroneous theories and methods would be brought into our camp meetings, and that the history of the past would be repeated. I felt greatly distressed. I was instructed to say that at these demonstrations demons in the form of men are present, working with all the ingenuity that Satan can employ to make the truth disgusting to sensible people; that the enemy was trying to arrange matters so that the camp meetings, which have been the means of bringing the truth of the third angel's message before multitudes, should lose their force and influence." Selected Messages, volume 2, pl. 37



“Those things which have been in the past will be in the future. Satan will make music a snare by the way in which it is conducted.” Selected Messages, volume 2, p. 38

Wrong Motivation

And, what would motivate some of our churches to adopt such worship styles? Ellen White not only explained the motivation but she also described what would be the sure result: Strange doctrines!

“But the itching desire to originate something new results in strange doctrines, and largely destroys the influence of those who would be a power for good if they held firm the beginning of their confidence in the truth the Lord had given them.” Selected Messages, volume 2, p. 38

Regarding the counterfeit revivals that will exist in the Christian world Ellen White remarks:

“Popular revivals are too often carried by appeals to the imagination, by exciting the emotions, by gratifying the love for what is new and startling. Converts thus gained have little desire to listen to Bible truth, little interest in the testimony of prophets and apostles. Unless a religious service has something of a sensational character, it has no attractions for them. A message which appeals to unimpassioned reason awakens no response. The plain warnings of God’s word, relating directly to their eternal interests, are unheeded.” The Great Controversy, p. 463

Danger for the Youth

Ellen White recognized the grave danger that young people will face in these last days and she says that Satan knows exactly what buttons to push:

“They [the youth] have a keen ear for music, and Satan knows what organs to excite to animate, engross, and charm the mind so that Christ is not desired. The spiritual longings of the soul for divine knowledge, for a growth in grace, are wanting.” Testimonies for the Church, volume 1, p. 497

In another striking statement Ellen White warned

“I was shown that the youth must take a higher stand and make the word of God the man of their counsel and their guide. Solemn responsibilities rest upon the young, which they lightly regard. The introduction of music into their homes, instead of inciting to holiness and spirituality, has been the means of diverting their minds from the truth. Frivolous songs and the popular sheet music of the day seem congenial to their taste. The instruments of music have taken time which should have been devoted to prayer. Music, when not abused, is a great blessing; but when put to a wrong use, it is a terrible curse. It excites, but does not impart that strength and courage which the Christian can find only at the throne of grace while humbly making known his wants and, with strong cries and tears, pleading for heavenly strength to be fortified against the powerful temptations

of the evil one. Satan is leading the young captive. Oh, what can I say to lead them to break his power of infatuation! He is a skillful charmer luring them on to perdition.” The Adventist Home, p. 407, 408

A Silver Lining

Let me get back to the youth congress that I started out with. There is a silver lining to the story! There was one young pastor present at the youth rally who had taken the time to teach his young people the principles of reverent worship and sacred music. When the band started playing, this pastor with all of his young people got up and walked out of the arena in protest. Their attitude reminded me of the stand that was taken by the Levites at Mt. Sinai.

Sadly, some of this pastor's colleagues went to the conference president and complained that he was not being cooperative with the conference program. When this young pastor told me what had happened I called the conference president and recommended that instead of reprimanding this young pastor, he should congratulate him for standing firm to principle. The conference president told me that he also was

deeply troubled by the worship style and that he was going to take definite measures to correct the problem (not the pastor). To make a long story short, the conference president kept his word and great changes have taken place in youth ministries. And the young pastor was ordained to the gospel ministry on December 18, 2010.

Signs of Revival

In spite of serious worship and doctrinal challenges, God is moving in a mighty way upon His church. There are signs of revival all across the world. Our new General Conference president, elder Ted Wilson, has made revival and reformation the top priority of his administration. He has publicly and unashamedly come out in defense of the three angels' message, a literal creation and the reliability of the Spirit of Prophecy. Annual Council this year ex-





perienced the outpouring of God's Spirit as tears were shed by many of our world leaders as public confessions were made. Further, conservative youth organizations are sprouting up all around the globe.

There are AFCOE, Mission College, ARME, PEACE, GYC, GYC Latino, Advent Hope, Souls West, Arise, and Ouachita Hills, to name a few. It is exciting to go to ASI and see the booths of hundreds of ministries whose central purpose is to finish the work so that we can go home.

Twice a year I have the privilege of teaching for three days at AFCOE (Amazing Facts Center of Evangelism). I usually teach the last week of a four month session when you would expect the students to have information overload. But the opposite is true. The last session I taught had 52 students, most of which were in their twenties. It was exciting to see how the students responded to the in-depth study of Bible prophecy. When fresh dimensions of truth were shared, their eyes glittered and gleamed, they took notes, looked up the texts in the Bible, asked incisive questions, and manifested a hunger and thirst for truth. Yet there are thousands of young people in other schools of evangelism that manifest the same spirit.

Well Trained Youth

Ellen White has well stated the incredible potential of a rightly trained army of youth:

"There is no line of work in which it is

possible for the youth to receive greater benefit. All who engage in ministry are God's helping hand. They are co-workers with the angels; rather, they are the human agencies through whom the angels accomplish their mission. Angels speak through their voices, and work by their hands. And the human workers, co-operating with heavenly agencies, have the benefit of their education and experience. As a means of education, what 'university course' can equal this?

With such an army of workers as our youth, rightly trained, might furnish, how soon the message of a crucified, risen, and soon-coming Savior might be carried to the whole world! How soon might the end come—the end of suffering and sorrow and sin! How soon, in place of a possession here, with its blight of sin and pain, our children might receive their inheritance where "the righteous shall inherit the land, and dwell therein forever;" where "the inhabitant shall not say, I am sick," and "the voice of weeping shall be no more heard." Psalm 37:29; Isaiah 33:24; 65:19. 100" Ellen G. White, A Call to Stand Apart, p. 66

A Groundswell Movement

There is presently a groundswell movement that is seeking to take us back to our message and mission from which we have been distracted for so many years. There is an awakening! The drops of rain of God's Spirit portend the showers of blessing that we have all been waiting for, working for and praying for.

Many of our youth are tired of the tinsel and glitter of the world that does not satisfy the soul. They are tired of evangelistic methods that appeal to self rather than service. They are looking for opportunities to make a difference in peoples' lives—they are seeking for a mission and as leaders we must provide it. So, what can we do in this time of incredible opportunity? In closing I would like to make some practical suggestions.

What can we do?

- First, as leaders, we must be like Moses. We must stand for principle but at the same time we must love the church with such intensity that we are willing to give our very lives to save it
- Many Adventists have emailed or written me expressing almost despair at what is happening in their local churches. Some of them claim that they cannot find a reverent place to worship anymore. Do not lose hope or be disheartened. Don't leave the church to form splinter groups. Remember that this is God's church and He is at the helm. He will work in unexpected ways to correct what is not right
- If your church has a traditional worship style, be ever vigilant. Satan will use small concessions to plant seeds that will mature into changing the style of worship to a more contemporary one. As the proverbial saying goes, 'give an

inch and they will take a mile.'

- Make sure that your example in musical tastes and entertainment is worthy to be followed
- Don't lower the standards in the hopes of reaching the youth. Lift high the standards and give the youth something to strive for
- Pray for those who don't have the spiritual vision to distinguish between true and counterfeit worship
- Speak up in love when you see things that are not in harmony with our principles. God will hold us accountable for remaining silent in a time of crisis
- Elder Ted Wilson has encouraged us to hold our pastors and leaders accountable for what they teach and preach. Hold their feet to the fire and keep them on their toes.
- Provide for the youth options for Bible study and service

In His Service,



PASTOR STEPHEN BOHR

Restoring our Cellular ENERGY Generators

by Milton Teske, MD

Every living cell in your body requires energy to do whatever it is that it needs to do. Muscle cells need energy to contract. Neurons need energy to send nerve impulses to the next synapse. Liver cells need energy to perform thousands of complex chemical reactions. Osteocytes need energy to build new bone. And so on for every cell in your body.

Where does this energy come from? From the sun. The world is full of green leaves that convert the energy in sunlight into high-energy chemical bonds in various molecules – primarily carbohydrates like glucose. We eat these plant carbohydrates as our food, which we then digest and absorb into our blood and transport to every cell in our body. And once inside the cell these glucose molecules are taken apart one atom at a time transferring the energy from these high-energy bonds to transporter

molecules (ATP) which then transfer the energy to the various molecular devices in the cell which need the energy in order to work properly.

But this process of extracting the energy from glucose is a complex one involving many steps - each step performed by a specially constructed molecular device

called an enzyme. All these enzymes are arranged in an exact order and attached together on special membranes inside of little structures called mitochondria. These mitochondria are the energy generators of the cells – it is here that glucose is bro-



ken down providing the energy that the cell needs. Here is where we use oxygen. The reason we breathe air and have red blood cells full of hemoglobin is so that we can transport oxygen to the mitochondria. From the mitochondria there goes out a constant flow of ATP carrying ener-

gy to every part of the cell. Some cells have only a few mitochondria in them. While other cells like muscles and neurons which use a lot of energy have a lot – as many as 2500 per cell.

The structure of a mitochondrion is complex with 2 membranes and numerous partitions that increase its internal surface area. Different enzymes carry on different functions on the outside and inside of the outer membrane, the space between the membranes, on the outside and inside of the inner membrane and in the center of the mitochondrion. The details of this organization and all of its various functions are far beyond the scope of this article – but the more one understands of this amazing and complex structure the more one stands in awe of the wisdom of the Creator.

Mitochondria are unique structures in that they do not rely on the DNA in the nucleus of the cells for their genetic instructions. Each mitochondrion has its own DNA. This DNA provides the pattern for all of the structures and functions within the mitochondrion. When more mitochondria are needed in a cell they grow and divide somewhat like a bacteria would – all controlled by their own DNA – almost as if they were separate living organisms within the cell. At conception the mitochondria within the egg provide all of the mitochondria for

the developing embryo (the head of the sperm contains only the DNA needed to complete the new cell nucleus and has no mitochondria). So mitochondrial DNA is 100% provided by the mother – the father contributes nothing to the mitochondrial DNA of his offspring.



Many scientists now believe that mitochondrial dysfunction is a primary cause of age related decline. The muscle tissue of a 90 year old man was shown to contain about 95% damaged mitochondria compared to a 5 year old who showed almost no damage at all. When you compare the boundless energy of a child to an elderly person the devastating impact of mitochondrial degradation becomes apparent. Defective and deficient mitochondria have been linked to virtually all degenerative diseases including Alzheimer's, type 2 diabetes, heart failure and cancer.

Remember that the process taking place inside of a mitochondrion is like a fire in a furnace. We are breaking down

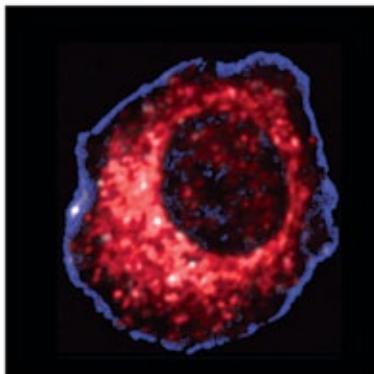
a fuel (glucose) with the addition of oxygen to release the energy in the fuel. This oxidative reaction (like fire) is a dangerous process that needs to be contained so that it does not oxidize other structures. Oxidation damage is also referred to as free radical damage. One of the reasons God chose to contain this process inside of these double membrane enclosed structures was to isolate this potentially very damaging activity from the rest of the cell.

But even the mitochondrion itself can be subject to this oxidative damage. Here we see the benefit of a whole plant food diet high in antioxidants. We have also learned that L-carnitine, a-lipoic acid, co-Q10 and PPQ are nutrients that are especially helpful in protecting and improving the function of mitochondria.

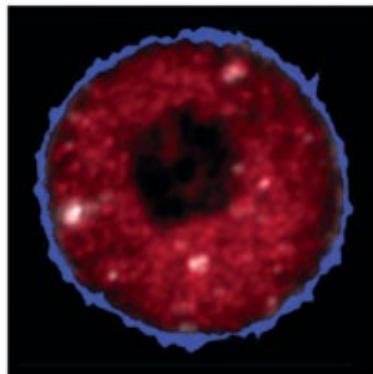
L-carnitine is necessary for the transportation of fat into the mitochondria. (Fat as well as glucose can be burned as fuel inside these mitochondrial furnaces.) L-carnitine is made in your liver and kidneys. Vitamin C is essential in the synthesis of this vital substance and it is possible to be deficient in it to the detriment of mitochondrial function. L-carnitine is found in most foods but its levels are very low in plant foods. Avocados probably have the best levels among the plant foods.

Lipoic acid is also synthesized in your body and foods are not considered as a significant source. It has important protective functions in the mitochondria and deficiencies can contribute to mitochondrial dysfunction. Supplementation with both L-carnitine and a-lipoic acid has

Normal



Cancer



been shown to benefit many conditions that may be related to their ability to improve dysfunctional mitochondria.

Co-Q10 is essential in the last step in the use of oxygen to burn the cellular fuel. A deficiency here can back up the whole process and significantly reduce energy output from the mitochondria. The statin drugs like Lipitor used to lower cholesterol are probably the most serious threat to body co-Q10 levels as they also block the synthesis of co-Q10. There has been a 600% increase in heart failure since the introduction of the statin drugs. The heart is a muscle that requires a lot of energy and the high numbers of mitochondria found there can be sensitive to a deficiency of co-Q10. Supplementation with co-Q10 can significantly boost mitochondrial function if there is a deficiency of this nutrient.

PPQ (Pyrroloquinoline quinone) is an essential vitamin. It has powerful antioxidant protective functions in the mitochondria (up to 5000 times greater than vitamin C). But it has been shown to be an essential vitamin in the metabolic signaling pathway that tells the mitochondria to divide and make new mitochondria. A deficiency of this vitamin means that you cannot make new mitochondria.

Like all essential vitamins not made by the body God designed for there to be good levels PPQ in the foods He made for us. Indeed we find PPQ in all fruits and

vegetables. Papayas, kiwis, parsley and peppers have especially good levels of this vitamin. But the refined diet in this country with a significant amount of white flour, sugar and vegetable oil is deficient in PPQ and this may be a major contributing factor to the universal prevalence of the degenerative diseases with their mitochondrial deficiencies. Without PPQ the cells cannot make new mitochondria.

But God's people need not be deficient in this vitamin if they will follow the diet given to them by their Creator and return to living off of fruits, vegetables and seeds prepared in as simple a manner as possible. While supplementation of PPQ is available and beneficial to those who are deficient – those who are living on God's diet instead of the diet of this present world should be making new mitochondria without difficulty.

God's diet is the key to keeping your mitochondrial fires burning brightly providing the energy of life to every cell of your body.



MILTON TESKE, MD

MONTHLY SPECIALS

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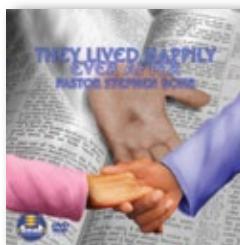
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Textos Difíciles Sobre el Estado de los Muertos serie en DVD

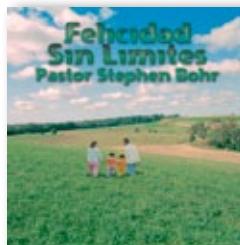
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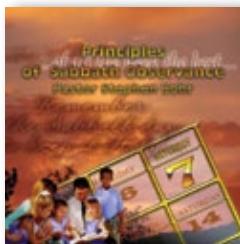
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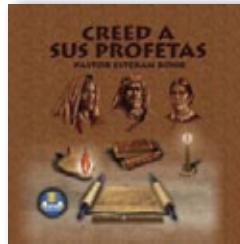
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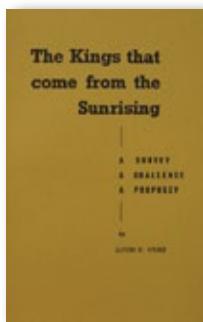
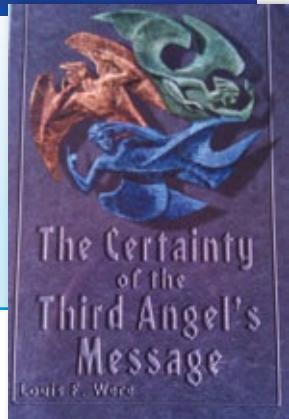
The following books are recommended by Pastor Stephen Bohr.

The Certainty of the Third Angel's Message

by Louis F. Were

Louis F Were masterfully expounds on the Holy Writ of Revelation 14:9-12 utilizing the faithful and timeless Historical Method of Biblical Interpretation. (346 pages)

BKLWC ... \$15.95



The Kings that come from the Sunrising

by Louis F. Were

What's the connection between the Lord's Armageddon prophecy and righteousness by faith? A closer look at Revelation 16:12 brings an encouraging and stimulating prophetic outline to light. (63 pages)

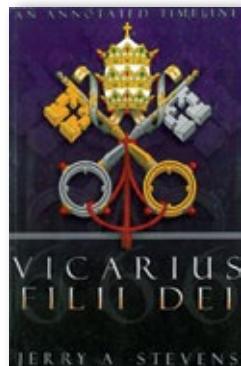
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Vicarius Filii Dei, An Annotated Timeline

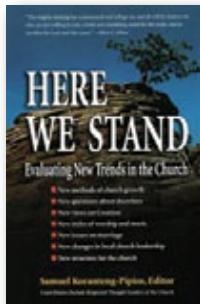
by Jerry A. Stevens

Many people say that the title Vicarius Filii Dei doesn't exist, making the Adventism's understanding of 666 void. But in this book, Jerry A. Stevens shares a weight of evidence affirming the historical interpretation of Revelation 13:18. (126 pages)

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Samuel Koranteng-Pipim, Editor

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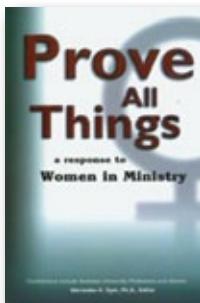
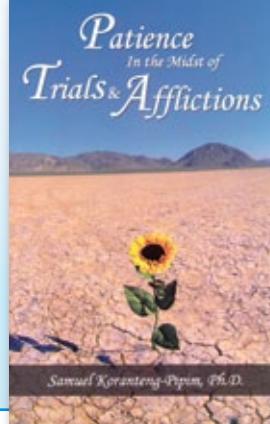
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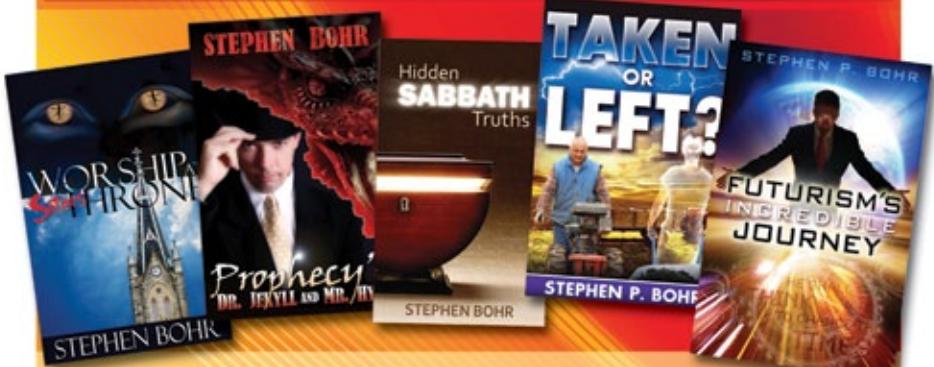
La Música Y sus Efectos

por William Gómez

No podemos negar que hoy más que nunca la música está afectando nuestra moderna sociedad. Lamentablemente los adelantos tecnológicos y digitales han enfocado sus fuerzas en contra de la familia, la sociedad y hasta los estratos políticos de nuestros países. Creo que llegó el momento para descubrir los daños que este moderno sistema, nos está haciendo. (271 páginas)

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The Barren Fig Tree

Lesson # 6

(DA 97-108; 580-588; COL 212-218;
Mt. 21:18-20; Mk. 11:12-14, 21; Mt. 3:2, 7-12; Rev. 3:14-21)

In this lesson we will study the Parable of the Barren Fig Tree. We are told by the Spirit of Prophecy that this was an “acted parable” (DA 582). In order to understand this parable, it will be necessary to study two other “tree passages”. One is found in Matthew 3:2, 7-12 and the other in Luke 13:1-9. Let’s delve right into our study.

The Message of John the Baptist

1. In Isaiah 61:3 God’s plan for Israel is compared with a fruitful tree: “The _____ they might be called _____ of righteousness, the _____ of the Lord, that He might be _____.”

2. What symbol did John employ to represent the Israel of his day?
2. _____ (Matthew 3:10).

3. Present when John preached were the _____ and the
3. _____. These people felt rich and increased with goods
because they were sons of _____ (Mt. 3:7, 9).

Note: John's message was imparted to a nation which professed great piety and laid claim to the special favor of God. They were like a tree with abundant leaves but no fruit!

4. John rebuked the Jewish nation because they were like trees without
4. _____ (Mt. 3:8)

Note: "Not by its name, but by its fruit, is the value of a tree determined. If the fruit is worthless, the name cannot save the tree from destruction. John declared to the Jews that their standing before God was to be decided by their character and life. Profession was worthless." (DA 107)

5. John encouraged the Jewish people to _____ and bear fruits
5. which flow from repentance (Mt. 3:8).

Note: John's call to repentance would have been a great surprise to the Jewish religious leaders. After all, were they not children of Abraham? Were they not keepers of the law? Did they not fast, and pay tithe and keep the Sabbath? What were they to repent of?

6. There were other groups of people present when John preached.
6. The parallel account in Luke (3:10, 12, 14) tells us that the people, the _____ and the _____ asked John what they should do.

Note: John the Baptist told the religious leaders that God could produce children of Abraham from stones. Notice that John was not speaking of literal stones: "As He called Abraham out from a heathen people, so He could call others to His service. Their hearts might now appear as lifeless as the stones of the desert, but His Spirit could quicken them to do His will, and receive the fulfillment of His promise." (DA 107). The Jews considered the gentiles and the publicans dogs and swine.

7. John told the people to share their _____ and food. He told the publicans to _____ no more than what was appointed to them and he exhorted the soldiers to not use _____ or accuse _____ and to be content with their _____ (Lk.3:10-14).

Note: All these exhortations given by John had to do with human relations. This is the fruit which God expected the Jewish nation to produce. A description of the fruit is found in Galatians 5.

8. John's message was one of judgment. He warned that every tree which did not produce fruit would be _____ down and thrown into the _____ (Mt. 3:10). He warned that this judgment process would be executed by the Messiah who would have his _____ in His hand to thoroughly _____ his floor. He would gather the _____ into his barn but would burn the _____ with unquenchable fire (Mt. 3:12).

Note: The chronology of John's message is important. He began his preaching six months before Jesus began His ministry.

The Parable of Luke 13

4. This parable is addressed to those who felt better than the _____ whom Pilate slaughtered and the eighteen upon whom the tower in _____ fell. (Lk. 13:1-3)

5. The vineyard in this parable represents the _____.

6. The owner of the vineyard symbolizes God the _____. (COL 215, 216)

7. The dresser of the vineyard represents _____, (COL 215, 216)

8. The fig tree resented the

“ _____ to whom the Saviour had come . . . ”

(COL 214)

Note: “*Israel was a cumberer of the ground. Its very existence was a curse; for it filled the place in the vineyard that a fruitful tree might fill. It robbed the world of the blessings that God designed to give. The Israelites had misrepresented God among the nations. They were not merely useless, but a decided hindrance. To a great degree their religion was misleading, and wrought ruin instead of salvation.*” (COL 215) She adds: “*That barren tree, flaunting its pretentious foliage in the very face of Christ, was a symbol of the Jewish nation. The Saviour desired to make plain to His disciples the cause and certainty of Israel’s doom.*” (DA 582).

9. The fig tree obviously had leaves. To the outward look it appeared to be healthy. But it was devoid of _____ (Lk. 13:6)

Note: The Jewish nation was high on externals. They tithed, “kept” the Sabbath, fasted, practiced health reform, etc., but their lives were devoid of practical godliness. We might say that they appeared fine outside but they were rotten inside. This is seen in Matthew 23:23-28.

Ellen White remarks: “*The Jewish religion, with its magnificent temple, its sacred altars, its mitered priests and impressive ceremonies, was indeed fair in outward appearance, but humility, love and benevolence were lacking.*” (DA 583)

10. Jesus called upon that generation to _____ or they would perish (Lk. 13:1-3).

11. Most scholars agree that this parable was told by Jesus two and a half years into His ministry. This would mean that three years had passed since John had begun to preach. This would explain why the owner of the vineyard came looking for fruit for a period of _____ years and found none (Lk. 13:7).



12. The dresser of the vineyard begged the owner to allow the fig tree to remain for yet another _____ (Lk. 13:8).

Note: During the last year of His ministry Jesus dedicated special attention to the Jewish nation in the hopes that they would repent and bear fruit.

13. The parable of Luke 13:1-9 ends in suspense: “. . . if it bear fruit, well: and if not, then after that thou shalt _____ it _____. ” (Lk. 13:9). Why don’t we know at this point whether the tree bore fruit or not?

Note: “Jesus did not in the parable tell the result of the gardener’s work. At that point His story was cut short. Its conclusion rested with the generation that heard His words. To them the solemn warning was given. “If not, then after that thou shalt cut it down.” Upon them it depended whether the irrevocable words should be spoken. The day of wrath was near. In the calamities that had already befallen Israel, the owner of the vineyard was mercifully forewarning them of the destruction of the unfruitful tree.” (COL 216)

The Fig Tree Withers

1. On the Tuesday before His death, Jesus saw in the distance a fig tree with _____ but when He arrived it had no _____ (Mt. 21:19).

Note: The fig tree first produces fruit and then leaves come out announcing that the tree has fruit. In other words, if the fig tree had leaves it should have had fruit as well! Ellen White remarks: “. . . “one tree appeared to be in advance of all the others. It was already covered with leaves. It is the nature of the fig tree that before the leaves open, the growing fruit appears. Therefore this tree in full leaf gave promise of well-developed fruit.” But she adds that the tree “was a mass of pretentious foliage, nothing more.” (DA 582)

2. There were other fig trees in the orchard that day but they had no _____. These trees represented the _____ (DA 583)

Note: “All the trees in the fig orchard were destitute of fruit; but the leafless trees raised no expectation, and caused not disappointment. By these trees the Gentiles were represented. They were as destitute as were the Jews of godliness; but they had not professed to serve

God. They made no boastful pretensions to goodness. They were blind to the works and ways of God. With them the time of figs was not yet.” (DA 583)

3. Jesus cursed the fig tree with the following words: “Let no fruit grow on thee henceforward for _____ (Mt. 21:19).

4. The next day when Jesus and the disciples passed by the place where the fig tree had stood, it had dried up by its _____ and had _____ away. (Mt. 21:20; Mk. 11:20)

Note: If the fig tree represents the Jewish nation and the tree dried up by its roots and withered away, then God’s plan for the Jewish nation is finished. Then the reestablishment of the Jewish nation in 1948 has not prophetic significance whatsoever!! Ellen White solemnly warns: “The heart that does not respond to divine agencies becomes hardened until it is no longer susceptible to the influence of the Holy Spirit.” (COL 218)

5. This warning given to the Jewish nation not only applies to them: “The warning sounds down along the line to us in this _____. (COL 216) “The warning is for all _____. Christ’s act in cursing the tree which His own power had created stands as a warning to all _____ and to all _____. (DA 586)

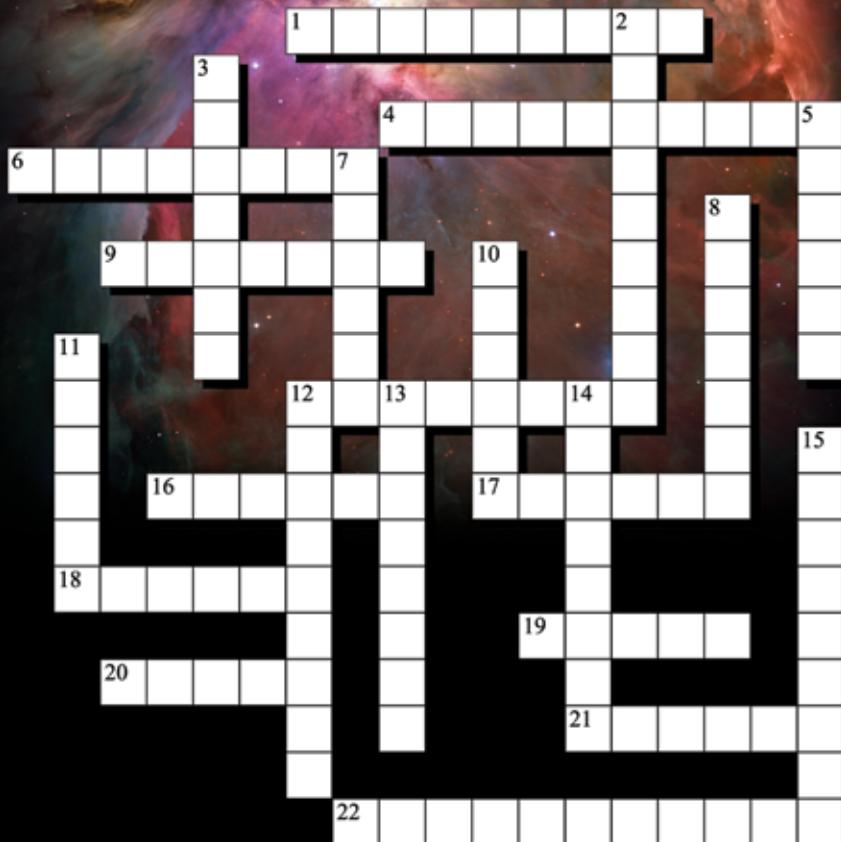
Note: It is highly suggested that each prayer meeting participant carefully review the Christ’s message to the Laodicean church in preparation of this lesson because Laodicea is repeating the history of ancient Israel. More on this in class!!

6. What is represented by the hunger of Jesus? “He had come to _____ hungering to find in them the _____ of righteousness. He had lavished on them His gifts, that they might bear fruit for the _____ of the world.” (DA 583-584)

7. Why did the Jewish nation bring ruin upon itself? “They brought _____ ruin upon themselves by refusing to _____ to others. The treasures of truth which God had committed to them, they did not give to the _____. (DA 586)

REVELATION 14

Crossword Puzzle



(by www.thewordpuzzles.com)

ACROSS

- 1 Patient _____
- 4 Wine of her _____
- 6 _____ of grapes
- 9 _____ gospel
- 12 Like that of _____ playing
- 16 _____ full strength
- 17 Clusters of _____
- 18 A sharp _____

19 Give him _____

20 Worships the _____

21 Did not _____ themselves

22 Offered as _____

7 1,600 _____

8 Horses' _____

10 _____ in midair

11 As high as the _____

12 The earth was _____

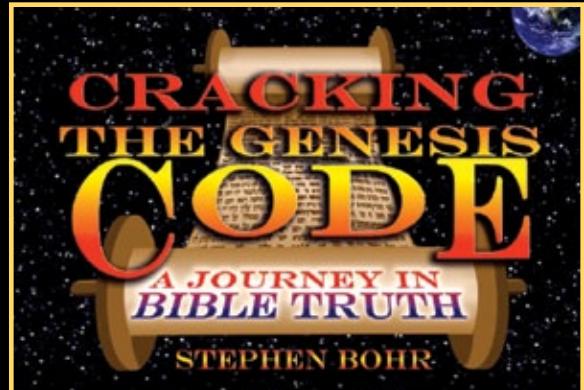
13 _____ from the earth

14 They were _____ in

15 The _____ outside the city

DOWN

- 2 Four living _____
- 3 This calls for _____
- 5 Burning



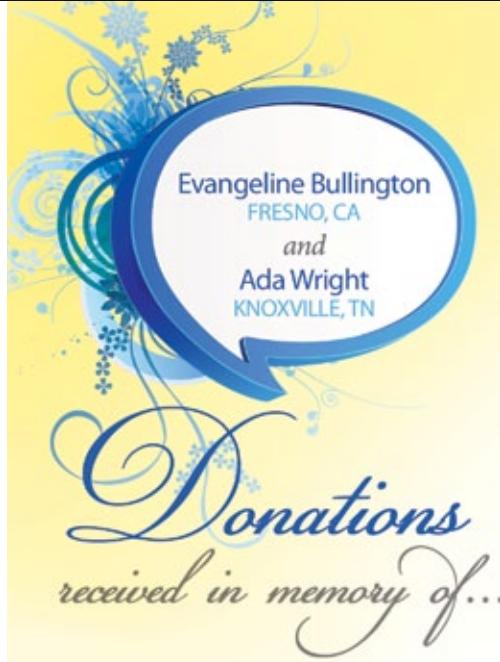
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Crossword Puzzle Answer Key

REVELATION 14



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